



INDIVIDUALS AND DOUBLES REGISTRATION FORM

Online Registration is available at www.northwestseniorgames.org

You may register online a minimum of 7 days before the start date of each of our events, to guarantee your entry into the event(s) of your choice.

IMPORTANT: You may also register by mail or by phone – 206.715.2516. The only way to register after the deadline will be with permission from the sport commissioner.

► **Contact Marilyn 206.715.2516 for Registration Information**

NAME First, Middle Initial, Last	GENDER <input type="checkbox"/> Male or <input type="checkbox"/> Female
ADDRESS Street Address, City, State, Zip	BIRTH DATE AND AGE
PHONE NUMBER <input type="checkbox"/> Work or <input type="checkbox"/> Cell	
EMAIL	
AGE GROUP Please mark one: <input type="checkbox"/> 40–44 <input type="checkbox"/> 45–49 <input type="checkbox"/> 50–54 <input type="checkbox"/> 55–59 <input type="checkbox"/> 60–64 <input type="checkbox"/> 65–69 <input type="checkbox"/> 70–74 <input type="checkbox"/> 75–79 <input type="checkbox"/> 80–84 <input type="checkbox"/> 85–89 <input type="checkbox"/> 90–94 <input type="checkbox"/> 95–99 <input type="checkbox"/> 100+	
EMERGENCY CONTACT Name and Phone	
MISCELLANEOUS INFORMATION Where did you hear about the 2010 Northwest Senior Games?	

CHECKS PAYABLE TO: NWSG

REFUNDS: Refunds will only be made in case of event cancellation.

MAIL ENTRIES TO:

Northwest Senior Games
c/o Dick Harrison
PO Box 1613
Edmonds, WA 98020

PLEASE COMPLETE BACK OF FORM!

WAIVER: In consideration of acceptance of my entry, I do hereby for myself, heirs, and administrators waive and release any and all claims I may have against the Northwest Senior Games, the various governing bodies, the various sport facilities, the various sponsoring agencies, and the representatives of these varying groups for any and all injuries suffered by me in any event, sport, or facility. I am familiar with the sport and with competition, and I agree to assume the risks of injury from my participation. I waive any right to any interest in pictures taken of me during the days of competition. I certify that I have no physical defects that would prevent me from competing. I take full financial responsibility for any willful damage or negligence to equipment provided by the NWSG.

SIGNATURE: _____ **DATE:** _____

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SPORT		EVENT		✓
BADMINTON		Singles		
		Doubles		
		Partner's Name and Age		
		Mixed Doubles		
		Partner's Name and Age		
CYCLING				
PICKLEBALL		Singles		
		Doubles		
		Partner's Name and Age		
		Mixed Doubles		
		Partner's Name and Age		
SWIMMING				
Best Time or NT below:		✓		✓
	25 Backstroke		50 Butterfly	
	50 Backstroke		100 Butterfly	
	100 Backstroke		200 Butterfly	
	200 Backstroke		25 Freestyle	
	500 Backstroke		50 Freestyle	
	25 Breaststroke		100 Freestyle	
	50 Breaststroke		200 Freestyle	
	100 Breaststroke		500 Freestyle	
	200 Breaststroke		100 Indv. Medley	
	25 Butterfly		200 Indv. Medley	
TABLE TENNIS		Singles		
		Doubles		
		Partner's Name and Age		
		Mixed Doubles		
		Partner's Name and Age		

SPORT		EVENT		✓
TENNIS		Club Affiliation:		
		Singles, Div. A (3.5 & above)		
		Singles, Div. B (3.0 & below)		
		Doubles, Div. A (3.5 & above)		
		Partner's Name and Age		
		Doubles, Div. B (3.0 & below)		
		Partner's Name and Age		
		Mixed Dbls, Div. A (3.5 & above)		
		Partner's Name and Age		
		Mixed Dbls, Div. B (3.0 & below)		
		Partner's Name and Age		
TRACK AND FIELD ✓ (In order of event) ✓				
Pole Vault		5,000 M Run		
Long Jump		400 M Dash		
Triple Jump		1,500 M Race Walk		
Shot Put		3,000 M Race Walk		
Discus		100 M Dash		
High Jump		1,500 M Run		
Javelin		4 x 100 M Relay		
Hammer Throw		800 M Run		
		200 M Dash		
		4 X 400 M Relay		

CALCULATE YOUR PAYMENT

DESCRIPTION	PRICE	x QTY	TOTAL \$
Registration Fee (all except Track & Field)	\$30		
Reg. Fee each Additional Sport	\$10		
Track and Field Registration	\$15		
Total of Track & Field events = \$5 x number of events	\$5		
SUB TOTAL			
Phil Flash Donation (A tax-deductible donation)			
Northwest Senior Games Donation (A tax-deductible donation)			
GRAND TOTAL			

REGISTRATION FEE: \$30 per athlete (This fee includes 1 sport with unlimited events in that sport EXCEPT TRACK AND FIELD) and **\$10 Registration Fee for each additional sport** (with unlimited events in that sport EXCEPT TRACK AND FIELD)

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