

INDIVIDUALS AND DOUBLES REGISTRATION FORM

Online Registration is available at www.northwestseniorgames.org



You may register online a minimum of 7 days before the start date of each of our events, to guarantee your entry into the event(s) of your choice.

IMPORTANT: You may also register by mail or by phone – 206.999.7585. The only way to register after the deadline will be with permission from the sport commissioner.

► **Contact Marilyn 206.999.7585 for Registration Information**

NAME First, Middle Initial, Last	GENDER <input type="checkbox"/> Male or <input type="checkbox"/> Female
ADDRESS Street Address, City, State, Zip	BIRTH DATE AND AGE
PHONE NUMBER <input type="checkbox"/> Work or <input type="checkbox"/> Cell	
EMAIL	
AGE GROUP Please mark one: <input type="checkbox"/> 40–44 <input type="checkbox"/> 45–49 <input type="checkbox"/> 50–54 <input type="checkbox"/> 55–59 <input type="checkbox"/> 60–64 <input type="checkbox"/> 65–69 <input type="checkbox"/> 70–74 <input type="checkbox"/> 75–79 <input type="checkbox"/> 80–84 <input type="checkbox"/> 85–89 <input type="checkbox"/> 90–94 <input type="checkbox"/> 95–99 <input type="checkbox"/> 100+	
EMERGENCY CONTACT Name and Phone	
MISCELLANEOUS INFORMATION Where did you hear about the 2010 Northwest Senior Games?	

CHECKS PAYABLE TO: NWSG

REFUNDS: Refunds will only be made in case of event cancellation.

MAIL ENTRIES TO:

Northwest Senior Games
c/o Dick Harrison
PO Box 1613
Edmonds, WA 98020

PLEASE COMPLETE BACK OF FORM!

WAIVER: In consideration of acceptance of my entry, I do hereby for myself, heirs, and administrators waive and release any and all claims I may have against the Northwest Senior Games, the various governing bodies, the various sport facilities, the various sponsoring agencies, and the representatives of these varying groups for any and all injuries suffered by me in any event, sport, or facility. I am familiar with the sport and with competition, and I agree to assume the risks of injury from my participation. I waive any right to any interest in pictures taken of me during the days of competition. I certify that I have no physical defects that would prevent me from competing. I take full financial responsibility for any willful damage or negligence to equipment provided by the NWSG.

SIGNATURE: _____ **DATE:** _____

Registration Info: Marilyn Ward 206.999.7585 • **For Other Info:** Ginny Scantlebury 206.755.3588

SPORT	EVENT	✓
BADMINTON	Singles	
	Doubles	
	Partner's Name and Age	
	Mixed Doubles	
Partner's Name and Age		
GOLF		
HORSESHOES		
PICKLEBALL	Singles	
	Doubles	
	Partner's Name and Age	
	Mixed Doubles	
Partner's Name and Age		
SHUFFLEBOARD	Singles	
	Doubles	
	Partner's Name and Age	
SWIMMING		
Best Time or NT below: ✓		
	25 Backstroke	50 Butterfly
	50 Backstroke	100 Butterfly
	100 Backstroke	25 Freestyle
	200 Backstroke	50 Freestyle
	25 Breaststroke	100 Freestyle
	50 Breaststroke	200 Freestyle
	100 Breaststroke	500 Freestyle
	200 Breaststroke	100 Indv. Medley
	25 Butterfly	200 Indv. Medley
TABLE TENNIS	Singles	
	Doubles	
	Partner's Name and Age	
	Mixed Doubles	
Partner's Name and Age		

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SPORT	EVENT	✓
TENNIS	Club Affiliation:	
	Singles, Div. A (3.5 & above)	
	Singles, Div. B (3.0 & below)	
	Doubles, Div. A (3.5 & above)	
	Partner's Name and Age	
	Doubles, Div. B (3.0 & below)	
	Partner's Name and Age	
	Mixed Dbls, Div. A (3.5 & above)	
	Partner's Name and Age	
	Mixed Dbls, Div. B (3.0 & below)	
Partner's Name and Age		
TRACK AND FIELD	(In order of event)	✓
Pole Vault	5,000 M Run	
Long Jump	400 M Dash	
Triple Jump	1,500 M Race Walk	
Shot Put	3,000 M Race Walk	
Discus	100 M Dash	
High Jump	1,500 M Run	
Javelin	4 x 100 M Relay	
Hammer Throw	800 M Run	
	200 M Dash	
	4 X 400 M Relay	

PAYMENT	PRICE	x QTY	TOTAL
REGISTRATION FEE All except Golf, and Track & Field. (Horseshoes: additional fee below.)	\$30		
Event Fee(s) in Each Sport	\$5		
TRACK & FIELD REGISTRATION	\$15		
Event Fee for Track & Field	\$5		
GOLF	\$50		
HORSESHOES Additional fee for prize money	\$10		
SUB TOTAL			
Phil Flash Donation (A tax-deductible donation)			
NWSG Donation (A tax-deductible donation)			
GRAND TOTAL			